



## **“Trauma-Informed Pastoral Care”**

### **CAO SPRING RETREAT**

**May 7, 2026**

**9:00 am to 12:30 pm**

**Victoria M. Kumorowski JD, LLM, MJS, MDiv, DMin, BCC**

Trauma is a penetrating inner injury that affects an individual’s body, mind, and spirit. “It is not what happens to a person, but what happens inside a person” (Mate’ 2022, 20). Loss and grief underlie every trauma and it’s essential to take a holistic approach to promote healing from it (Shelvock 2025, 1, 4). Chaplains who are prepared to provide a safe climate in which individuals feel accepted and heard can greatly impact the growth and healing journey of a person suffering from trauma.

#### **Participants will be able to:**

- Define trauma as an inner injury to body, mind, and spirit
- Describe the key components of trauma
- Describe the signs and symptoms of trauma
- Identify and describe the deep impacts of severe trauma
- Integrate trauma-informed practices into spiritual care
- Describe specific ways in which chaplains can promote healing from trauma and encourage post-traumatic growth

## SCHEDULE OF PRESENTATION

- 9:00 a.m. — 9:10 a.m. - INTRODUCTION
- 9:10 a.m. — 10:00 a.m. - Understanding the Dynamics of Trauma
- 10:00 a.m. — 10:15 a.m. (*Breakout Group*)
- 10:15 a.m. — 11:00 a.m. - Integrating Core Principles of Trauma- Informed Care
- 11:00 a.m. — 11:15 a.m. (*Breakout Group*)
- 11:15 a.m. — 11:30 a.m. - SHORT BREAK
- 11:30 a.m. — 12:15 p.m. - Providing Trauma-Informed Spiritual Care
- 12:15 p.m. — 12:30 p.m. - Discussion, Questions & Closing

## BIOGRAPHY OF PRESENTER

**Victoria M. Kumorowski:** “Vickie” practiced law for fifteen years before serving four years as a state trial court judge in Kansas. She also earned a master’s degree in Judicial Studies with a Trial Court Major from the National Judicial College at the University of Nevada at Reno. Although she has maintained her license to practice law in Kansas, her interest in spiritual issues led her to change careers and become an ordained minister with the Christian Church (Disciples of Christ) and a board-certified chaplain. She also received her Master of Divinity from Phillips Theological Seminary and a Doctor of Ministry degree in Formational Counseling from Ashland Theological Seminary. Vickie has also served as an interim and senior pastor in many congregations throughout Ohio.

She was hired by the Lutheran Chaplaincy Services to serve as the Associate Director of Spiritual Care for Forum Healthcare System for hospitals in Warren and Youngstown, Ohio. She also served as an ethics consultant for Genesis Healthcare System in Zanesville, Ohio for thirteen years. Vickie also teaches online courses in Biomedical Ethics, Legal Issues in Healthcare, and Global Issues and Values for Muskingum University in New Concord, Ohio. She does seminars on Bioethics Mediation and on the Nature of Addiction. In 2024, she presented a workshop on Providing Trauma-Informed Pastoral Care at the annual conference of the Association of Professional Chaplains.

**Registration online: [www.chapsohio.net](http://www.chapsohio.net)**

3.0 CEU

### **COSTS:**

Yearly CAO Membership: (2026-2027) \$35  
(Application on website)

### **RETREAT COSTS:**

Member - \$30 | Non-Member - \$50 | CPE Fellows/Residents - \$25

**Group Discount** (5 or more people from the same agency)—\$35 per person

For information: Rev. Dr. Faith Proietti, BCC (419-989-1861) or  
Rev. Mark English, BCC (419-265-7171)